

Christ the King Abbey

(Traditional Benedictines)

(St Francis of Assisi Chapel)

www.christthekingabbey.org

Cullman, Alabama

Every Sunday: 6:00 AM and 10:00 AM

Daily: 6:00 AM

Holy Days of Obligation:

6:00 AM - 8:00 AM - 7:00 PM

Our Lady of Lourdes Chapel

Montgomery, Alabama

10:45 AM

Only on first Sunday
of each month

St Pius V Chapel

Birmingham, Alabama

9:30 AM

Every Sunday except
first Sunday of each month

FOURTH SUNDAY OF ADVENT

December 18, 2005 – Purple

Mass of Sunday; no Gl; Cr; Pref. Trinity

Weekly Bulletin #914



ADVENT THE FOURTH SUNDAY OF ADVENT

THE BLESSING OF BREAD

CEREMONY FOR THE BLESSING OF BREAD ON THE FOURTH SUNDAY OF ADVENT

(After the 10:00 AM Mass this morning)

Priest: The Prophets of old foretold Thy birth among us – now cause virtue to come to life in us!

People: *The Lord is close at hand; come, let us adore Him.*

Priest: We proclaim Thy saving work – now grant us Thy salvation!

People: *The Lord is close at hand; come, let us adore Him.*

Priest: Thou didst come to heal the wounds of men – now heal the weaknesses of us Thy people!

People: *The Lord is close at hand; come, let us adore Him.*

Priest: Thou art worthy of all praise, for Thou hast given life and doth rule all things – help us to wait in joyful and patient hope for the coming of Thy glory!

People: *The Lord is close at hand; come, let us adore Him.*

Priest: May Almighty God bless us: the ✠ Father, the ✠ Son, and the ✠ Holy Ghost,
and may His blessing be upon us forever. *Amen.*

The Blessing of the Bread:

Priest: Our help is in the name of the Lord. **People:** *Who hast made heaven and earth.*

Priest: The Lord be with you. **People:** *And with thy spirit.*

Priest: Let us pray. O Lord, Jesus Christ, Bread of Angels, living Bread unto eternal life, bless ✠ this bread as Thou didst bless the five loaves in the wilderness; that all who eat it with reverence may through it attain the corporal and spiritual health they desire. Who livest and reignest eternally. *Amen.*

Priest: Let us pray. Holy Lord, Father almighty, everlasting God, bless ✠ this bread with Thy supernatural benevolence. May it be to all partakers a source of health for body and soul, and a safeguard against illness and all inimical assaults. Through our Lord, Jesus Christ, Thy Son, the living bread which came down from heaven, Who giveth life and salvation to the world! Who liveth and reigneth with Thee in the unity of the Holy Spirit, God, eternally. **People:** *Amen. (Priest now sprinkles the bread with Holy Water.)*

At Home:

*(To be said by the father of the family – or the mother, if the father is absent – at the dinner table before the main meal.
The entire family should be gathered at the table, if possible.)*

Father: The Lord be with each of you. **Family:** *And also with you.*

Father: Let us pray. O God, our Father, mindful of the place that Thou hast given me within the circle of my family, I call out to Thee to bless my family. I extend Thy peace to my wife, and to each of my children. As I distribute this blessed bread to them, I give a sign to my family that I am truly mindful of my place, and that I will dedicate myself to its fulfillment. Lord, give me courage to always live up to this high calling. Protect my family. Keep us all free from the snares of the devil, and if any member of this family has the misfortune to be thus ensnared, grant that they may soon return to Thy grace. I ask this through Christ our Lord. *Amen.*

(The father now distributes the bread by breaking off pieces and handing one piece to each member of the family)

Father: *(Standing, with right hand extended):* May the blessing of God: the Father and the Son and the Holy Ghost, descend upon myself and my family and remain with us forever. *Amen.*

ADVENT WREATH BLESSING

Fourth Sunday in Advent

All: That when again He shines revealed,
And trembling worlds to terror yield,
He give not sin it just reward,
But in His love protect and guard.

Priest: Drop down dew, ye heavens, from above, and let the clouds rain
the just; let the earth be opened and put forth a savior.

Priest: √. The heavens show forth the glory of God.

People: ⚔. And the firmament declares the work of His hands.

Priest: √. Come, O Lord, and do not delay.

People: ⚔. Forgive the sins of Thy people Israel.

Priest: √. Lift up your gates, O ye princes; and be ye lifted up, O eternal
gates, and the King of Glory shall enter in.

People: ⚔. Who shall ascend into the mountain of the Lord or who shall
stand in His holy place? The innocent in hands, and the clean of
heart.

Priest: √. Glory be to the Father, and the Son, and the Holy Ghost.

People: ⚔. As it was in the beginning, is now, and ever shall be, world
without end. Amen.

Priest: LET US PRAY: Bestir, O Lord, Thy might, we beseech Thee, and
come; and with great power come to our aid, that, by the help of
Thy grace, that which is hindered by our sins may be hastened by
Thy merciful forgiveness.

People: Amen. *(Priest lights fourth candle)*



CHRISTMAS MASS SCHEDULE

Sunday, December 25, 2005

Christmas Masses in the Abbey Church will be at Midnight on Christmas Eve (the Church will be open about 11:15 PM), and at 10:00 AM on Christmas Day. ***There will be NO 6:00 AM Mass in the Abbey Church on Christmas Day.***

Christmas Mass at St. Pius V Chapel in Birmingham will be at 9:00 AM on Christmas Day.

NB: Anyone receiving Holy Communion at the Christmas Eve Midnight Mass may NOT receive Holy Communion again at a later Mass on Christmas Day.

SPECIAL NOTE: There will be NO Confessions before the Midnight Mass or the 10:00 AM Mass on Christmas Day.

Miss Virginia Patterson will carry the Baby Jesus and place Him in the Crib during the Midnight Mass.



1. There will be NO Catechism class until Sunday, January 8, 2006.
2. There will be the usual 5:00 Sunday Vespers and Benediction of the Blessed Sacrament this afternoon.
3. Wednesday, December 21, 2005, is the Feast of Saint Thomas the Apostle.
4. ***NB:*** Christmas Eve, Saturday, December 24, 2005 – **The Vigil of Christmas** – is a day of Fast and Abstinence, and must be looked upon as such – however, the occasion is a festive one, and good prudence of judgment must be observed. Please refer to Bulletin number 912 for directives.
5. ***Next Sunday, December 25, 2005 (Christmas Day), there will be Solemn Vespers and Benediction of the Blessed Sacrament at 5:00 PM.***
6. The 2006 Traditional Catholic Calendars are available only to the people who attend our Chapels, at the usual price of \$6.00 each. At Christ the King Abbey in Cullman, see Father Francis, OSB. At Our Lady of Lourdes Chapel in Montgomery, see Mrs. Pam Olson. At Saint Pius V Chapel in Birmingham, see Mrs. Laurie Niebuhr.
7. Please pray for all the Sick and Shut-ins of our Chapels. LET US ALSO PRAY FOR EVERYONE. Let us pray for ALL the priests and religious men and women of the world. NO MAN, WOMAN, OR CHILD SHOULD BE LEFT OUT OF OUR PRAYER. God made all men to be with Him in heaven for all eternity, and this includes every human being on earth, regardless of station or condition or place. While Our Blessed Lord was hanging on the Cross He did not look around and pick and choose those for whom He was dying. He did not exclude a single member of the Human Race – even His enemies – from the wounded Love that came forth from Him during those momentous moments. Weak human nature and erroneous persuasions will prevent some from achieving the purpose intended for them by God, but that matter remains entirely between all such and God. Our only duty is to pray for **souls**. We make **no** judgments concerning such matters. If there is any sifting to be done, it is to be done by God, Himself alone. We are **NOT** the ones to do the sifting.
8. **MASSSES FOR THE WEEK:** (Father Abbot Leonard's schedule only)
 - SUNDAY: For the People of our Chapels
 - MONDAY: Special intention George and Laurie Niebuhr
 - TUESDAY: For the Michael Winland Family
 - WEDNESDAY: For all the suffering, dying, and dead of the world's disasters
 - THURSDAY: Special intention Peter Schmitz-Hille
 - FRIDAY: Deceased John and Grace Giardina (*Wedding Anniversary*)
 - SATURDAY: Special intention Micheline Barrere

